



# TERRA FIRMA PORK

## FOREQUARTER

Ham Hock (Forequarter) ☉ ☰	Shoulder Chops ☉ ☰	Shoulder Butt ☉ ☰	Collar Butt (Socotri malle) ☉ ☰
Collar Butt (Socotri malle) ☉ ☰	Shoulder Hock ☉ ☰ ☱	Shoulder Steed ☉ ☰ ☱	

## LOIN

Loin Bone-In ☉	Loin Chops ☉ ☱	Boned & Rolled Sirloin Roast ☉ ☱	Loin Gallies Bolt ☉ ☱ ☲
Eye of Loin ☉ ☱ ☲	Loin Medallions ☉ ☱	Tenderloin Roast ☉ ☱	Tenderloin Roast ☉ ☱

## LEG

Eye of Coin ☉ ☱	Loin Rines ☉ ☱	Tender Loin ☉ ☱

## HOCK (FOREQUARTER)

Shoulder Hock ☉ ☱

## HOCK (HINDQUARTER)

Knuckle Hock ☉ ☱

## BELLY

Belly ☉ ☱	Spateribs ☉ ☱	Bacon Bones ☉ ☱

## TROTTERS

Trotters ☉ ☱

**LEGEND: PREP METHODS**

- Dry Fry
- Roast
- Grill
- BBQ Grill
- Shelaw/Cetumbo
- Stew